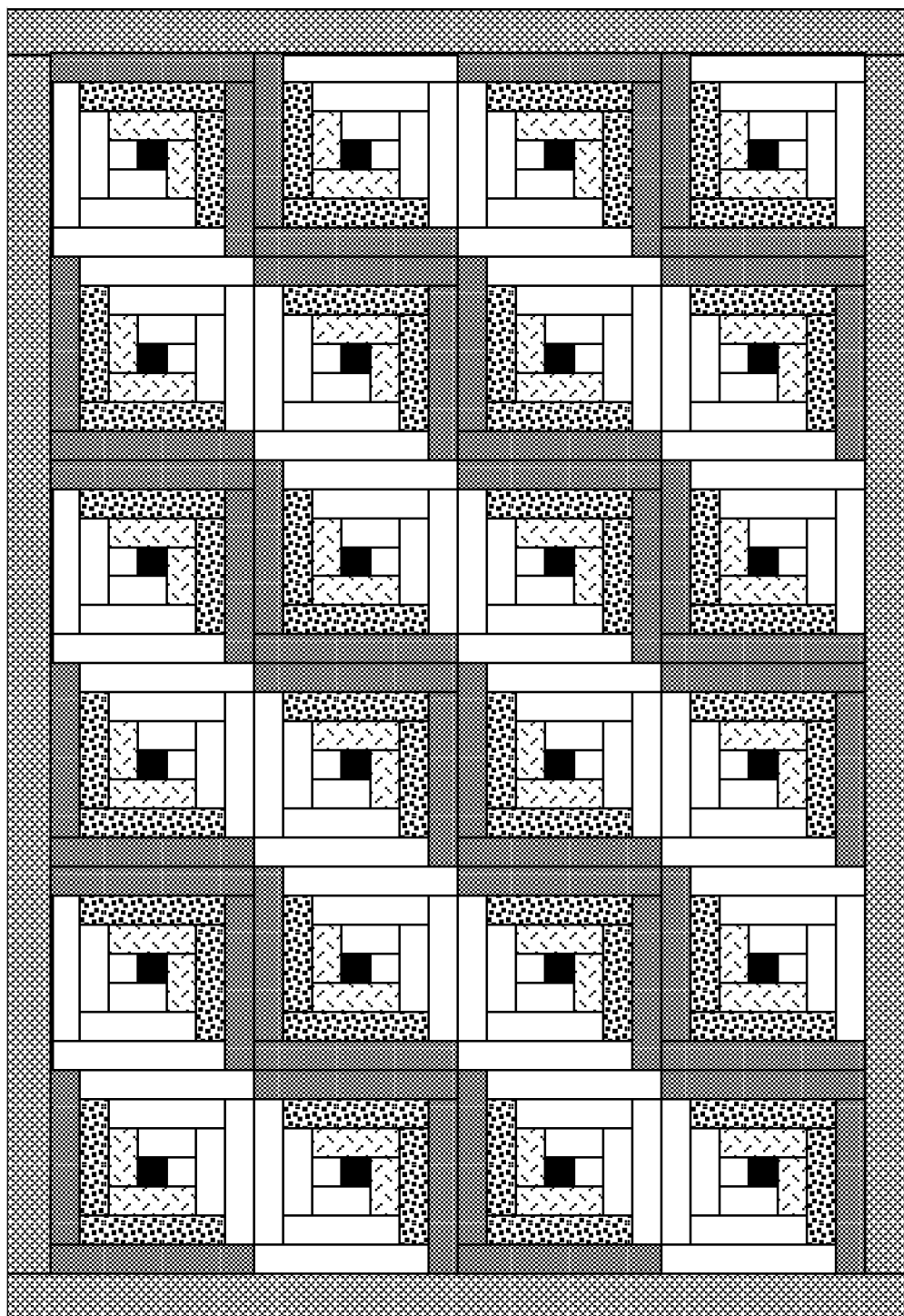


Quilt Outreach Log Cabin Quilt

24 Blocks
Finished quilt top size: approximately 62" by 90"
Block layout: 4 by 6
Finished block size: 14"
Finished border: 3" on each side
Seam allowance: 1/4"
Stitch size: 12 stitches per inch

Figure 1



Kit Contents

Blocks:

- * 2 strips (2-1/2" by 42") of solid Fabric A for center square
- * 30 strips (2-1/2" by 42") of Fabric B
- * 36 strips (2-1/2" by 42") of Fabric C (assorted fabrics)

Border:

7 strips (3-1/2" by 42") of border fabric

Backing, if provided:

5 yards of muslin or matching material

Tips

- * Make 6 blocks at a time. This ensures that you do not run out of fabric strips or end up with many very short strips.
- * As you build your blocks, save your short strips for the inner rows of the block. Save the longer strips for the outer rows.
- * Always work in the same direction when sewing your strips to the growing block.

Assembly Instructions

1. Take the center, solid strip of Fabric A and the first strip of Fabric B. Place right sides together with Fabric B on the bottom. Sew the two strips together the full length, as shown in Figure 3.
2. Press seam away from the center fabric. Cut the strips into 2-1/2" units, as shown in Figure 4.
3. Stack the units with the Fabric B at the top (away from you) and the center fabric at the bottom (towards you). Place them right side down on the left side of the sewing machine.
4. Take another strip of Fabric B. Lay it right side up under the presser foot of the sewing machine. Place one of the sewn units right side down on top of the Fabric B strip so that the right edges match, as shown in Figure 5. Stitch along the right side. Note that when you sew over the pressed seam, the pressed seam goes upward.

Place the next unit below the first unit and stitch the block. Continue adding the rest of the units in this way until the end of the strip is reached. Start with another strip and unit. Continue until you have the required number of blocks.

5. Lay the strip out flat with the strip side up and the block underneath. Press seams away from the center fabric. Cut the blocks apart between each block. Trim any excess.

Figure 2

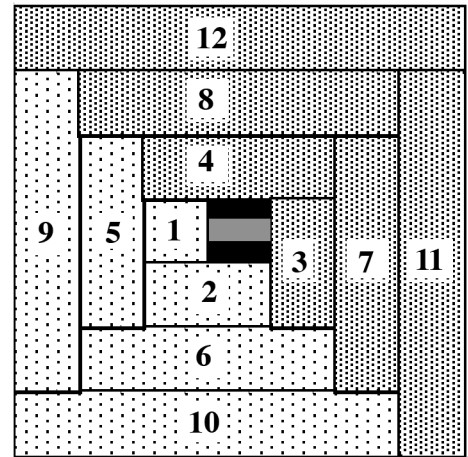


Figure 3

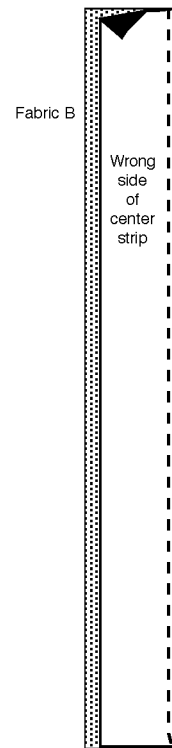


Figure 4

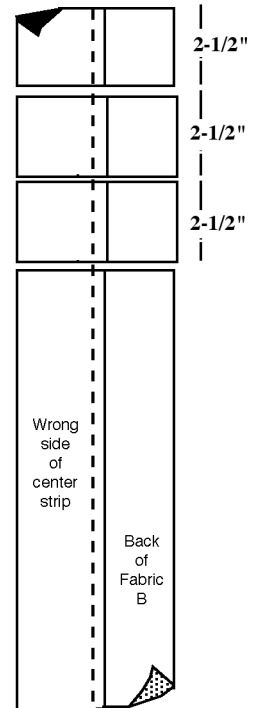
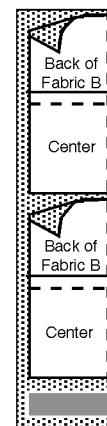


Figure 5



6. Stack the blocks so that the strip you just added is at the top (away from you). Place them right side down on the left side of the sewing machine.
7. Take a strip of Fabric C (choose any strip from the assorted fabrics). Lay it right side up under the presser foot of the sewing machine. Place one of the sewn blocks right side down on top of the Fabric C strip so that the right edges match, as shown in Figure 6. Stitch along the right side. Note that as you sew over the seam, you will press the seam edges upward.

Place the next block below the first block and stitch the block. Continue adding the rest of the blocks in this way until the end of the strip is reached. Start with another strip and block. Continue until you have the required number of blocks.

8. Lay the strip out flat with the strip side up and the block underneath. Press seams away from the center fabric. Cut the blocks apart between each block. Trim any excess.
9. Stack the blocks so that the strip you just added is at the top. Place them right side down on the left side of the sewing machine.
10. Take another strip of Fabric C (the assorted fabrics). Lay it right side up under the presser foot of the sewing machine. Place one of the sewn blocks right side down on top of the Fabric C strip so that the right edges match, as shown in Figure 7. Stitch along the right side. Note that as you sew over the seams, you will press the first seam edges up and the second seam edges down. Add the blocks to the strip as before.

11. Press the seams away from the center fabric and cut the blocks apart. Stack the blocks so that the strip you just added is at the top. Place them right side down on the left side of the sewing machine.
12. Continue adding new strips to the blocks the same way as in previous steps, as shown in Figure 8. Add the strips in the following order:

- 2 rows of Fabric B (Rows 5 and 6 as shown in Figure 2)
- 2 rows of Fabric C (Rows 7 and 8 as shown in Figure 2)
- 2 rows of Fabric B (Rows 9 and 10 as shown in Figure 2)
- 2 rows of Fabric C (Rows 11 and 12 as shown in Figure 2)

13. Press, cut, and stack as described in previous steps each time you add a new strip.

Figure 6

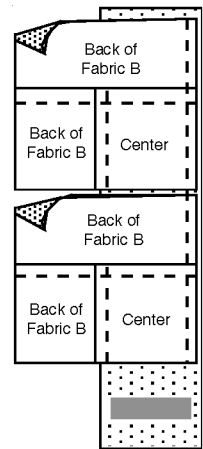


Figure 7

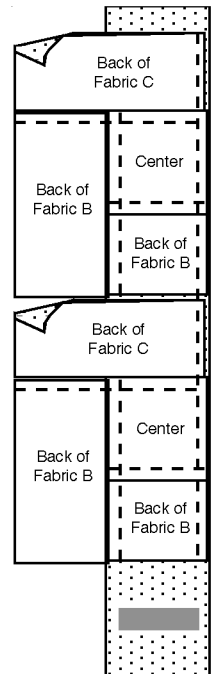
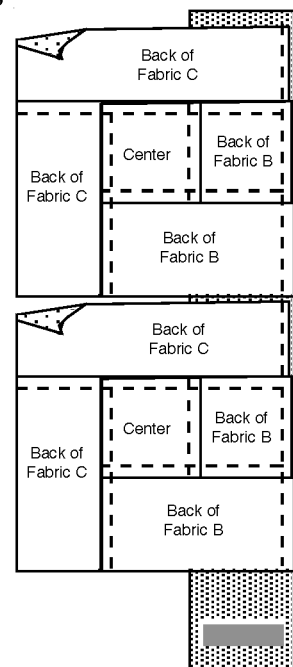


Figure 8



Sewing the Quilt Top Together

1. The completed blocks should measure 14-1/2" square at this point. *If your blocks vary in size, trim them to the size of the smallest block.* Trim your blocks to make them square.
2. Lay out the blocks to match Figure 1.
3. Sew the blocks together to form the quilt top.

Adding the Border

1. Trim the selvages off the end of each border strip.
2. Sew two strips together, forming one long strip. Match the center point of the border strip to the center point of one long side of the quilt top. Pin right sides together, starting at the center and pinning out to the ends. If there is puckering, adjust your pinning.
3. Sew the border to the quilt top. Press and trim.
4. Repeat steps 2 and 3 for the other long side of the quilt top.
5. Cut one of the remaining strips in half, forming two strips that measure 21" by 3-1/2".
6. Sew one full strip and one of the half strips together, forming one long strip. Match the center point of the border strip to the center point of one short side of the quilt top. Pin right sides together, starting at the center and pinning out to the ends. If there is puckering, adjust your pinning.
7. Sew the border to the quilt top. Press and trim.
8. Repeat steps 6 and 7 for the other short side of the quilt top.

Sandwiching the Layers

1. Lay out the batting. Spread the backing right side up onto the batting. Spread the quilt top right side down on the backing.
2. Pin around all the sides, leaving a 24" opening in the middle of one long side.
3. Trim the excess backing and batting to match the quilt top.
4. Sew a 1/2" seam around the outside edge, leaving the 24" opening.
5. Turn the quilt right side out by rolling it up and pulling the right side through the opening. Smooth out the quilt.
6. Pin the opening closed and topstitch the edge twice—first 1/4" and then 3/4" from the outside edge.
7. Machine quilt the border, if desired (this makes a sturdier quilt). Then tie the quilt.

Remember to return the extra fabric strips from your kit when you return the quilt. These extra strips will be put together with others to make more kits... and more quilts!